



SCOTTISH BORDERS MENTAL HEALTH STRATEGY

Aim

1.1 To gain approval for the draft mental health strategy which will enable development of an implementation plan with identified leads and timescales.

Background

2.1 In November 2014, the Scottish Borders Mental Health Needs Assessment identified 21 recommendations for service improvement. In September 2015 two events were held to prioritise the recommendations; one for service users and carers and one for wider stakeholders. A total of 75 participants attended these events this included staff from mental health services, community learning & development, health improvement, voluntary sector, libraries etc. Both groups identified the need to develop an overarching mental health strategy which captured the views and aspirations of all stakeholders as a priority.

2.2 A small working group was established to take forward the development of this strategy. It was agreed that the strategy would cover all age groups, that it would encapsulate the work at all levels including population mental wellbeing, early intervention and prevention, care and treatment and carers support. The strategy would not duplicate other work so would not include areas such as Dementia or Autism which are covered in other strategic documents but would make reference to these where appropriate. The aim was to align this work with the objectives of the local Strategic Plan and relevant National strategies.

2.3 Two events were held in May/June 2016, with similar attendance to previous events to consider the strategic objectives and how they related to mental health. During this time, a template was also circulated around stakeholders to enable as many people as possible to have input to the development of the strategy. The information from these events and the submission of information on the template form the basis of the current strategy document.

2.4 A significant amount of consultation work has already been undertaken with relevant stakeholders in order to develop the strategy document.

2.5 The strategy has been discussed and amended following comments made at the Mental Health Board, Mental Health Partnership Board and NHS Borders Strategy Group. There are plans to also take the strategy to the NHS Board and Children and Young Peoples Leadership Group with final sign off at the Integration Joint Board (IJB).

2.6 Work has begun to develop an implementation plan in order to achieve the objectives identified within the strategy and once approved, the document will undergo design work with SBC graphics team prior to its launch.

Recommendation

The Health & Social Care Integration Joint Board is asked to **approve** the mental health strategy.

Policy/Strategy Implications	A Mental Health Strategy for Scottish Borders developed in line with relevant national strategies and the local strategic plan which will provide focus for future of the service
Consultation	Widely consulted on across all stakeholders including staff, third sector, service users & carers
Risk Assessment	By having a Strategic Plan in place it will ensure that the partnerships' direction of travel is in line with national recommendations and therefore all staff and key stakeholders will be aware of the vision for Mental Health Services.
Compliance with requirements on Equality and Diversity	An Equality Impact Assessment has been completed on the strategy.
Resource/Staffing Implications	All activity will be met within current budget and current staff allocation

Approved by

Name	Designation	Name	Designation
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Author(s)

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